# COUNSELOR'S CORNER

Gay Johnson, Counselor- Simpson Elementary
Volume 1

#### Meet the Counselor

Hello! I'm Mrs. Johnson- Simpson Counselor. I am so happy to be a part of the Simpson Family. I am originally from Waxahachie, and I have worked for WISD for over 15 years. My husband and I raised our three boys in this wonderful school district.

I began the school year by meeting with EVERY student (called a "Minute Meeting"). These brief meetings helped me get to know all Simpson students a little better. I look forward to many more connections with your child(ren).

## About Kelso's Choices-Guidance

The Kelso Choice curriculum teaches students how to solve "small" problems on their own. Kelso has nine choices to solve "small problems." They include:

-Go to another game

-Tell them to stop

-Talk it out

-Apologize

-Share and take turns

-Make a deal

-Ignore it

-Walk away

-Wait and cool off

"BIG problems" always need to be taken to an adult. These are situations that are scary, dangerous, illegal, etc.

Ask your child to tell you about Kelso Choices!

# Social Emotional Learning Topics for September & October

## Simpson Strengths

Perspective Integrity
Curiosity Leadership
Citizenship
Open-mindedness

### **Guidance Lessons**

- Conflict Resolution- Kelso Choices
- · Calm Down Strategies
- Resiliency and Coping Skills

## Important Dates:

- 9/20-10/8: Can Soup Drive
- 9/20-9/24: College and Career Week
- 9/24: House Huddle
- 10/25-10/29: Red Ribbon Week
- 10/28: House Huddle