

COUNSELOR'S CORNER

Gay Johnson, Counselor- Simpson Elementary

Volume 4

Note from the Counselor

In February, we celebrated Random Acts of Kindness Week. Various activities took place in the classrooms promoting kindness.



Students had fun taking their picture as the "I" in Kind.

January and February house huddles focused on kindness. Students made Valentine cards for our neighbors in assisted living facilities.

Students learned about the "heart story" of kindness and forgiveness. They also made kindness chains that we proudly hung in our cafeteria.



Positive Parenting Tips

As the school year starts to wind down, expectations in school remain high. Parents have a huge influence on their child's attitude and connection to school. Parents are encouraged to:

- Maintain clear and consistent rules at home, such as how much screen time is allowable both on school nights and on weekends.
- Do fun things as a family, such as playing games, reading, and going to events in the community.
- Recognize your child's accomplishments.
- Talk with your child about school, friends, and things he/she looks forward to in the future.
- Use encouraging statements, like "You've got this," when your child is struggling or facing a challenge.

Social Emotional Learning Topics for March and April

Simpson Strengths/SEL

- Diversity
- Study Skills
- Self-Esteem
- Making Mistakes
- Self-Control
- Giving Best Effort
- Encouragement
- Good Sportsmanship

Guidance Lessons

- Diversity
- College & Career Education
- Summer Safety

Important Dates:

- 3/4/22- Junior High Course Selection sheets for current 5th graders are due.
- 3/24- 3/25/22- 4th grade Growth and Development presentations (led by Mrs. Melton, Simpson Nurse)*
- 4/11- 4/12/22- 5th grade Growth and Development presentations (led by Mrs. Melton, Simpson Nurse)*

*opt-in programs