

# SCHOOL HEALTH ADVISORY COUNCIL

Date: November 21, 2019

Location: C & I Meeting Room

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## I. Lunch

## II. Welcome

- Shari Phillips welcomed everyone as they finished lunch
- Motion to approve minutes from the September 19, 2019 meeting was given by Erik Kyle with Melissa Bousquet seconding, and passed unanimously.
- New scribe, Lyssa Ridlehuber, was introduced

## III. SHAC Updates

- Drug/Medication Take Back event held October 26<sup>th</sup>; there were 110 pounds of medication taken in at the Waxahachie location, 295 pounds taken in Ellis County, and 882,919 pounds taken in nationally. The next event is scheduled for April 25, 2020.
- School drug curriculum update given – 7<sup>th</sup> graders are doing “Too Good for Drugs” program through their P.E. and Athletics classes and it is wrapping up and closed to finished.
- Cupid Shuffle-5K Fund Raiser being held February 15<sup>th</sup> – early registration will be \$25, employees of WISD \$20, and any running program of the district can register as a group for \$5
- Social/emotional learning update – Ginger Robinson is working to implement a district wide program in 2020
- Tip 411 – there were 184 tips reported in September; of those 116 were false. There were 44 tips in October; of those 21 were for the junior highs. There were 25 tips reported in November. Most tips are primarily for students at WHS.
- Nurse updates – there are no new legislative updates. HOSA students put together 200 kits for the “Stop the Bleed” program. Training will begin for staff in January for staff seizure support.
- Lion’s Club Vision Day – over 70 students were seen and will receive glasses from this program
- Random drug testing – have had no positives at Global or the junior highs and WHS has had 3 total marijuana positives so far. The testing company uses a 7 panel drug test that looks for usage of marijuana, cocaine, barbiturates, meth, amphetamines, and opiates.

## IV. SHAC Presentations

- Aspire Program – they are partnering with MD Anderson to use an online curriculum to learn to be tobacco free; including vaping. Meth in vaping products is on the rise.

The program is 3.5 hours and the question was asked if it had to be completed all in one sitting. No, the program is broken into modules but not complete until all of the modules are complete. Question was also asked if there is a checkpoint to check that students aren't just clicking through the questions. Response was that the program is interactive and makes the students participate. Red Oak ISD and Midlothian ISD are currently using the program, or rolling it out soon. REACH Council has also made "quit kits" to put on high school campuses for those students who want to quit vaping.

- Social/Emotional Learning (SEL) – a process where children and adults understand and manage emotion, set and achieve goals, and feel and show empathy. Uses a systematic approach that can be longer than a 30-minute lesson; it intentionally cultivates caring, and creates a participatory and equitable learning environment. The hope is that when the program is started across the district that students will use the processes at home which will help create a better community. Research shows the program helps increase academic achievement, helps to improve behavior, and decreases drop-out rates which shows a strong return on investment. SEL is being used, and has been used, by counselors in the district already. Shari Phillips stated she has taken one of the courses and feels that it made her a better person. That it teaches how to work together to create a greater good. A SHAC subcommittee is being led by Ginger Robinson if you would like to sign up and help continue with this curriculum and its full roll out.

V. SHAC Sub Committees

- Coordinated School Health Program Review – Dr. Susan Holt – curriculum to use in PE that would also involve Child Nutrition as well
- Campus Community Involvement Policy for P.I.E. – Melissa Cobb – to establish a policy for volunteering in our school district; there is no policy of the sort currently. Would like to propose and establish a policy where all things would flow through Melissa Cobb's office.
- Head Lice Policy Review – Melissa Bousquet – would like a group to look at WISD's current policy on head lice. Normally the students affected are the same ones over and over which is creating an attendance issue.

Motion to adjourn was made by Paul Kuhn and seconded from Pam Butler, and passed unanimously. The next meeting will be held Thursday, January 16, 2020.